DEGREE LEVEL PROFESSIONAL EXAMINATIONS

Degree candidates are eligible to sit for professional examinations after training in accredited institutions and undergoing a one year internship program supervised by KNDI. There are six areas of internship which then guides sitting an examination in any of those areas. A degree candidate shall sit for two papers (paper 1 and paper 2) as per the area of internship as follows;

3. Food Service Diet Therapy Professional Examination

Paper 1: General Paper in Nutrition and Dietetics

This paper shall comprise of the general concepts in nutrition and dietetics covered during training and applied in the internship practicum.

The examinable areas for this professional examination include;

- 1. Human anatomy
- 2. Human physiology
- 3. Macronutrients
- 4. Micronutrients
- 5. Leadership in nutrition and dietetics
- 6. Nutrition in disease management
- 7. First aid

Paper 2; Specialized Paper

This paper shall comprise of core areas in food service diet therapy.

The examinable areas for this professional examination include;

- 1. Dietetics
- 2. Therapeutic dietetics
- 3. Nutrition care process
- 4. Nutrition and behaviour
- 5. Food hygiene and safety
- 6. Food microbiology and parasitology
- 7. Nutrition pharmacology
- 8. Meal planning, service and management
- 9. Food preservation and processing
- 10. Nutrition education and counselling